



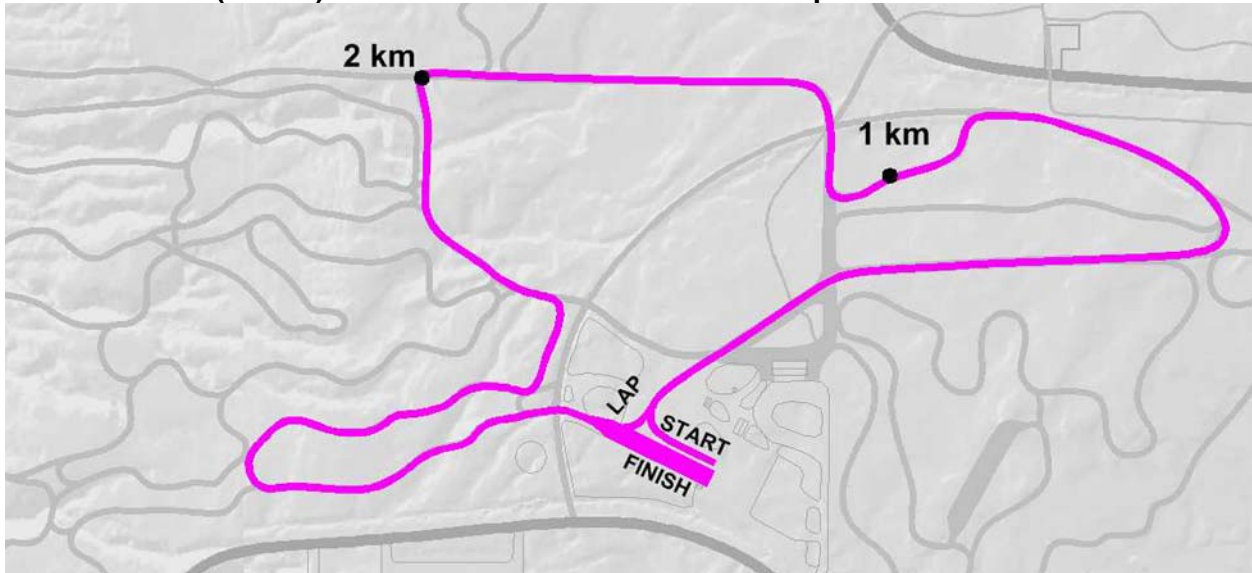
**Today at the US Cross Country Championship  
Michigan Tech Nordic Training Center**

**January 3, 2008  
Classic Competition**

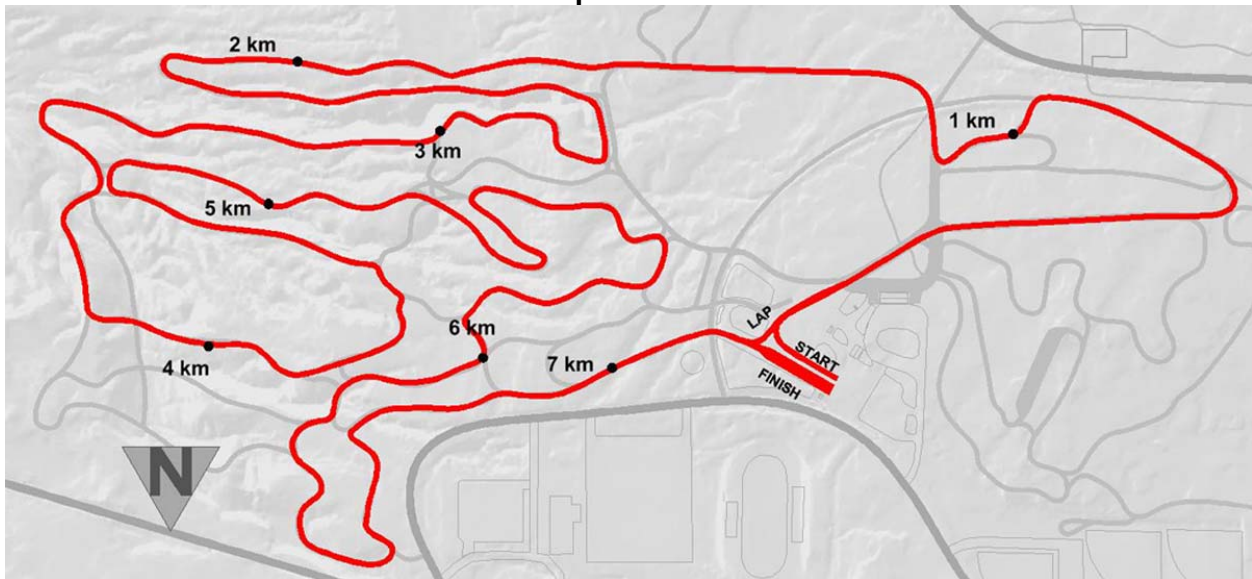
<b>9 am</b>	<b>Sit Ski Race</b>		<b>Noon</b>	<b>Men's awards</b>
	Men	5.6 km	<b>1 pm</b>	<b>Women's 10 km race</b>
	Women	5.6 km	<b>3:00 pm</b>	<b>Women's awards</b>
<b>10 am</b>	<b>Men's 15 km race</b>			

All races are interval starts. Start lists are posted near both ends of the wax center and on the media board at the south end of the bleachers.

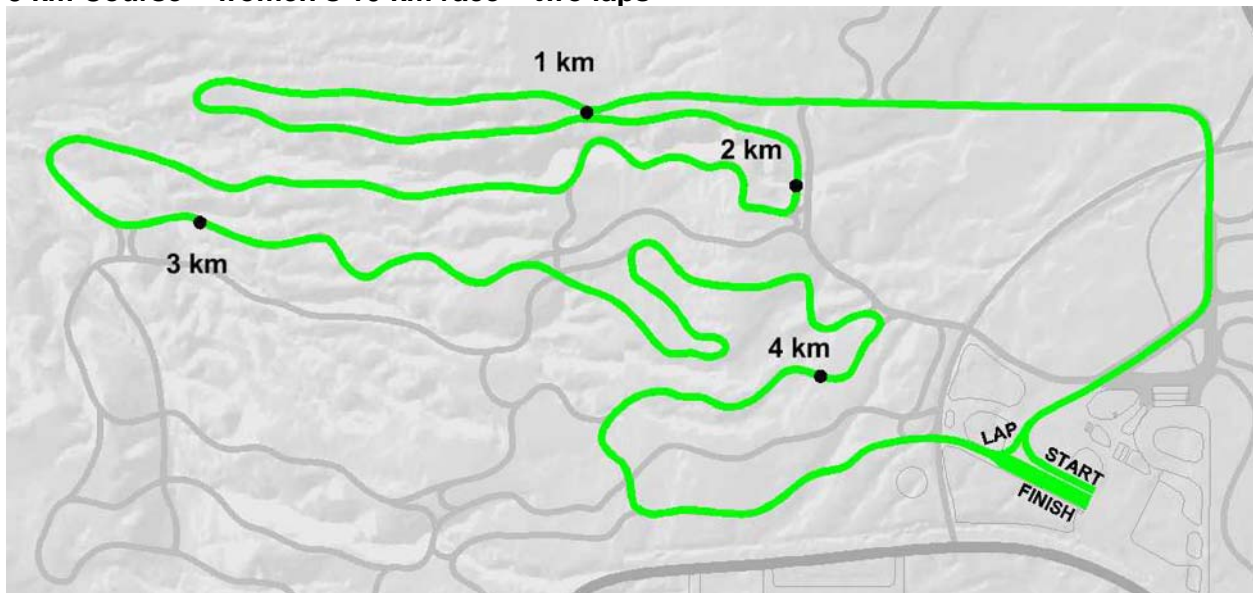
**Sit-Ski Course (2.8 km) – men's and women's races two laps**



**7.5 km Course – men's 15 km race two laps**



## 5 km Course – women's 10 km race – two laps



**Wireless:** The Tech Trails stadium area includes wireless Internet access. Visitors can obtain a guest ID and password from the SDC Central Ticket Office during regular business hours.

**Photos can be ordered** online at [www.galleryondaline.com](http://www.galleryondaline.com) and [www.brockit.com](http://www.brockit.com)

**Public Skiing:** The race trails are closed to the public during races. Other trails are open on race days and all trails are open on non-race days. The Pilgrim Road trails remain open and are accessible via the parking lot off Pilgrim Road. We encourage skiers to use the other great trails in the area: Chassell, Maasto Hiihto/Churning Rapids, and Swedetown.

### Race Officials

Chief of Competition:	Jack Jeffery
Asst. Chief of Competition:	Jim Tervo
Technical Delegate/Jury:	Gary Giberson
Race Secretary:	Brenda Helminen
Organizing Chair:	Mike Abbott
Stadium:	Craig Hughes
Timing:	Dan deBeaubian
Grooming/Course:	Jeff Parker
Course Access Control:	Mark Sherman
Drug Testing:	Eric Peterson
Medical:	Jon Neufeld
Security:	Susan Hooker
Awards/Ceremonies	Christine Young
Information/Announce:	Dean Woodbeck
Volunteer Coordinators:	Emily Fiala Jane De Martini
Treasurer:	Sheila Milligan

[www.seniornationals.org](http://www.seniornationals.org) will be updated frequently with schedule changes, weather updates, results and other useful information.